

Case study – Treatment with “B-Cure Laser Sport Pro”

In this case study, the effectiveness of the B-Cure Laser Sport Pro device was tested in the treatment of wrist pain.

On December 11, 2014, a woman of 35 arrived at my clinic complaining of suffering pain in her left wrist for a number of days. The Patient denies a history of trauma to her hand, although she advised she was the mother of three children, the youngest of which was 10 months old who she carried a lot. In addition she has a part time job at a kindergarten, lifting children many times during the day. I believe that is the main cause of the pain.

Upon examination by touch the write was found to be sensitive in front of and behind the Scaphoid bone, as well as sensitivity and slight weakness at the trigger points of the Flexor Carpi Radialis muscle.

Treatment included chiropractic adjustment of the left wrist, the elbow and the neck based on relevant findings following chiropractic examination. This adjustment was carried out only during the first visit. The patient was also given Dry Needling (IMS) in the Flexor Carpi Radialis muscle. Treatments lasted about two weeks and ended on December 26, 2014. During this time the patient had only five treatments and during all of these visits, the patient’s wrist was treated with B-Cure Laser Sport Pro. The patient was treated on the Posterior aspect of the wrist during the first three visits, and the Anterior aspect during the last two visits. The laser was focused on the painful area, above the scaphoid bone, for one minute for each treatment over two weeks, during which she was also given chiropractic adjustment and IMS the first visit, and five treatments with B-Cure Laser Sports Pro at the clinic. In addition the patient was instructed to avoid movements that aggravated the pain, to drink a lot of water and to use Vitamin C as is the common practice for IMS treatment.

After the second visit the patient reported an 80% improvement and after five treatments she reported complete disappearance of all symptoms.

The results show the efficacy of treatment with the B-Cure Laser Pro for patients with wrist pain, particularly in combinations with chiropractics and Dry Needling (IMS).

All questions or remarks may be sent to Dr, Hirsh at drhirsh@lifeinbalance.co.il

Sincerely,

Dr. Omer Hirsh DC

Chiropractic and Functional Neurology

A handwritten signature in black ink, appearing to be 'OH', located below the text.