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Case description - Integrating B-Cure Laser in the process of rehabilitation of Olympic athletes

An Olympic athlete – a Judoka aged 23 was suffering from repeated sprains in both ankles. He had previously been diagnosed with a syndesmosis sprain (compound sprain) in his left ankle. It should be mentioned that he had had weeks of pain and limited functionality after any trauma. The last sprain to his ankle had begun with routine physiotherapy but there was the addition of introducing immediate treatment with B-Cure Laser to the area of the injury. The athlete used the X2 device daily for ten days. His reaction to the treatment was significantly more rapid than previous injuries he had experienced. Accordingly the athlete was back at his full capacity within two weeks of the last significant sprain.

An Olympic athlete of 23 (triple jump) underwent surgery on her hop foot due to a tear to her fascia planter. It is a complicated procedure performed by an athletic foot specialist attending the International World Athletes Association. During post op treatment B-Cure Laser was immediately used to reduce swelling. The athlete reported immediate benefit from the treatment, including reduced pain and decreased need for pain killers. This was significant in commencing the process of movement and activity rehabilitation as early as possible. The athlete was back in training and competitions according to the schedule set by the surgeon.

To sum it up, these cases demonstrate the advantage of using the B –Cure Laser treatment in a variety of diagnosis and injuries of athletes. The simple self administration is safe and enables speeding up recovery time, reduction of pain and early as possible return to full functional activities.

Dr. Luba Galizkaya

Head of Sports Medicine

Wingate Institute.

ד"ר לונדון גליצקי
מנהל המרכז למדעי הרפואת ספורט
במכון וינגייט

מכון וינגייט לחינוך גופני ולספורט • Wingate Institute for Physical Education & Sport
המרכז לרפואת ספורט ולמחקר ע"ש ריבשטיין • The Ribstein Center for Sport Medicine Sciences and Research

דואר מכון וינגייט נתניה 42902, ישראל • ע.ר 580050789 • Wingate Institute Netanya 42902, Israel
טל: 972-9-8639400/20 • פקס: 972-9-8639412 • www.wingate.org.il • sportmed@wingate.org.il

