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Case Study on Hip and Groin Pain with B-cure Laser Sport

Patient: 56 year-old female secretary. Takes medication for high blood pressure but otherwise in good health.

Problem: Right hip and groin pain for five years that has been getting worse. X-rays were normal. There was point tenderness on the right groin, and hip and groin pain with internal hip rotation. She complained the groin pain woke her up at night and was not sleeping well because of it. The pain also came after 10 minutes of walking, especially going up or downhill, which prevented her from going hiking.

Prognosis: Patient tried pain medication for several months with limited results.

Treatment protocol at my clinic: Patient started care in February 2015. After seven chiropractic treatments, there was some improvement with the hip pain during walking, but no change with the groin pain at nighttime. She began to use the B-cure Laser Sport at home along with continued chiropractic treatments two times per week. On the first day, she applied the laser two times per day on her right hip on three treatment areas and on her groin in one area for 1.5 minutes per treatment area. She increased the treatment time by one minute each day to a maximum of 8 minutes per treatment area for twelve days.

Results: After using the B-cure laser Sport for five days she reported she was sleeping much better at night with less pain. By day twelve she was sleeping through the night without any groin pain. She is also able to walk for longer distances before she needs to rest due to hip discomfort. Although she still has some hip pain while walking, she is very happy that she can now sleep through the night.

Professional Recommendation: For hip and groin problems I recommend using the B-cure Laser Sport on a regular basis to all professionals treating these types of cases.

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