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Case Study on Knee Pain with B-cure Laser Sport

Patient: Very active 70 year-old female Hebrew teacher. Takes medication for high blood pressure.

Problem: Right knee pain for seven years. There was some swelling of the knee upon visual inspection and tenderness upon palpation. Her orthopedist recommended knee surgery due to degeneration of cartilage and decreased joint space. Because her work requires that she walk long distances to her student's homes every day, she is tired of suffering but does not want to have surgery.

Prognosis: Patient tried pain medication, had special orthotics made and had cortisone shots. These approaches helped temporarily but the knee pain kept coming back.

Treatment protocol at my clinic: After our initial consultation in February 2015, the patient requested postponing chiropractic care at a later time and insisted in first using the B- cure Laser Sport for her knee pain. I agreed and prescribed home laser treatment. She applied the laser two times per day on her right knee for 1.5 minutes on each treatment area which included a total of 4 areas. Each day, for a total of eight days, she increased the treatment time by 2 minutes to a maximum of 8 minutes per treatment area.

Results: After using the B-cure Laser Sport for four days she reported some pain relief, but was still difficult to walk due to the pain. On day eight she said she noticed significant pain reduction and could walk longer distances before the pain began. She is convinced that treatment with the B-cure Laser Sport helped her more than anything else that she has tried and would purchase a laser for continued home treatment.

Professional Recommendation: For knee problems I recommend using the B-cure Laser Sport on a regular basis to all professionals treating these types of cases.

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U.S.A. Board Certified Chiropractor

