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Case Study on Lower Back and Shoulder Pain with B-cure Laser Sport

Patient: 73 year-old retired diabetic male. Usually very active who takes some medication for diabetes.

Problem: Came to see me due to an injury to his lower back that he sustained a week previously after lifting heavy luggage while traveling. The pain radiated to his right buttock and to the side of his right leg. The pain was strong enough that he could not walk normally and had to stop his usual exercise routine. He also complained of a left shoulder pain that had never resolved since 2012 after lifting a heavy box.

Prognosis: Received only 2 chiropractic treatments for the back pain abroad with good results before he returned to Israel. The pain returned after a few days and was the reason he came to see me.

Treatment protocol at my clinic: Patient started care in January 2015. After two chiropractic treatments there was some improvement with the back pain but not with the shoulder problem. He began to use the B-cure laser Sport at home along with continued chiropractic treatments two times per week. On the first day, he applied the laser two times per day on his lower back and right buttock and to his left shoulder, for 6 minutes on each treatment area - 3 for the low back, 1 on the right buttock directly on the painful area, and 3 for his shoulder. On day two and afterwards the treatment time was 8 minutes per treatment area, for a total of eight days.

Results: With the addition of the B-cure Laser Sport, he noticed an immediate improvement with the low back and buttock pain and reported that he felt 80 percent better after eight days. He was able to return to his normal activities with only minor discomfort. The shoulder pain also improved within this period, but more slowly.

Professional Recommendation: For low back and shoulder problems I recommend using the B-cure Laser Sport on a regular basis to all professionals treating these types of cases.

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