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Case Study on Post Surgical Lumbar Spine Pain with B-cure Laser Sport

Patient: 55 year-old male project manager in good health that sits 6-8 hours per day in front of the computer.

Problem: Came to see me in November 2014 after having undergone lumbar spine surgery at levels L4-L5 six months earlier. The disc at this level had ruptured and part of it had broken off, compressing the nerve roots on the right side which resulted in excruciating pain locally with pain radiation down the right buttock and leg. Surgery helped his condition for six months but the pain returned and left the patient bedridden for three days before he could come to my office for treatment.

Prognosis: Initially the patient tried pain medication with temporary relief only. After 12 chiropractic treatments in my office, patient was off pain medication and improved his condition by 70 percent.

Treatment protocol at my clinic: The patient began to use the B-cure Laser Sport at home for a total of eight days in February 2015 along with continued chiropractic treatment one time per week. He applied the laser three times per day at the L4-L5 level on 3 treatment areas and on the right buttock directly on the painful area. Treatment time was 1.5 minutes on each area on day one, and increasing the treatment time by one minute each day to a maximum of 8 minutes per treatment area.

Results: With the addition of the B-cure Laser Sport, he noticed improvement with the low back and buttock pain after day three, and reported continued improvement after eight days of use. He says he feels 90 percent better but he can still feel back pain when he rotates his back to the right. He was able to return to his normal activities with only minor discomfort.

Professional Recommendation: For post surgical lumbar spine pain I recommend using the B-cure Laser Sport on a regular basis to all professionals treating these types of cases.

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